Athlete's declaration

Surname:_____ First name:_____

Date of birth:_____

Address:_____

Club:_____

Referred to hereinafter as the athlete

1. **The undersigned athlete hereby submits to the *Anti-Doping-Statut*[1] as well as the national standards[2] and abstains from all forms of doping.**

   Doping is considered, among other things, to be the presence of a prohibited substance in a sample provided by the athlete. Doping is also considered to be the use or attempted use of a prohibited substance or method according to the Prohibited List (*Dopingliste*) issued by Swiss Sport Integrity[3], the Swiss anti-doping agency. Buying prohibited substances online also amounts to an anti-doping rule violation.

   An exhaustive list of anti-doping rule violations can be found in the *Anti-Doping-Statut* of Swiss Olympic. The athlete is aware that not knowing the current anti-doping rules is no defence against a sanction for an anti-doping rule violation.

2. The doping list is updated annually. The athlete undertakes to keep himself/herself regularly informed of the contents of the doping list. He/She acknowledges that ignorance of the current doping list does not exclude him/her from the sanctions imposed for anti-doping rule violations.

3. The athlete declares that he/she consents to doping controls carried out by the competent anti-doping organisations, namely by Swiss Sport Integrity, whether in-competition or out-of-competition. Such controls are carried out in accordance with the National Standard for Testing *(Nationaler Standard für Dopingkontrollen)*.

   Any athlete who refuses to submit to or withdraws from a doping control or frustrates the purpose thereof or tries to engage in such behaviour commits an anti-doping rule violation and will be subject to the same sanctions as he/she would be in the event of a positive test result.

4. The athlete acknowledges that he/she is fully responsible for **checking the doping status** of all **dietary supplements and medications** by means of consulting the currently valid Prohibited List (*Dopingliste*) or the Medication Inquiry Service Global DRO[4] before use.

5. The athlete who is qualified as a **National-Level-Athlete resp. International-Level-Athlete,** acknowledges that he/she is subject to specific rules of the *Anti-Doping-Statut* and its national standards, in particular the rules of the National Standard for Testing (*Nationaler Standard für Dopingkontrollen*) and the National Standard for Therapeutic Use Exemptions (*Nationaler Standard für Ausnahmebewilligungen zu therapeutischen Zwecken*).

6. The athlete who is considered a **National-Level-Athlete** according to the definition of Swiss Sport Integrity is a part of the **TUE pool**[5], which means that a **prospective** therapeutic use exemption is required. The same applies to **International-Level-Athletes** as defined by the International Federation.

---

[1] The *Anti-Doping-Statut* can be viewed at www.sportintegrity.ch/en/statute. The anti-doping rule violations are listed in articles 2.1 to 2.11.

[2] The national standards are based on the Standards of the World Anti-Doping Agency and can be viewed at www.sportintegrity.ch/en/nationalstandards.

[3] Swiss Sport Integrity's Prohibited List (*Dopingliste*) is based on the Prohibited List of the World Anti-Doping Agency. The current *Dopingliste* can be viewed at www.sportintegrity.ch/en/prohibitedlist

[4] The Medication Inquiry Service Global DRO can be accessed at www.sportintegrity.ch/en/medication.

[5] The definition of the TUE pool can be viewed at www.sportintegrity.ch/en/tue-pool.

7. The athlete who is a member of a **whereabouts pool**[6]**,** acknowledges in particular that it is his/her duty to make details of his/her whereabouts available to Swiss Sport Integrity. The athlete is aware that he/she is fully responsible for the fact that all data supplied is complete, true and is received in due time by Swiss Sport Integrity. **Failure to comply with the duty to report whereabouts may, in the event of repeated occurrence, be considered an anti-doping rule violation and be sanctioned accordingly.**

8. The athlete, in the event of an anti-doping rule violation, is subject to consequences and sanctions in accordance with the governing statutes and regulations of Swiss Olympic, Swiss Sport Integrity, Swiss Wrestling and United World Wrestling. He / She declares that he / she is familiar with these[7].

   The following consequences and sanctions in particular, which may be applied in conjunction with one another, may be imposed on the athlete.

   - **Ineligibility for a limited period of time or (in case of recurrence) for life**
   - **Warning**
   - **Fine**
   - **Disqualification of results and prizes**
   - **Payment of procedural costs**
   - **Publication of the decision**

   Additional consequences for team sports: If more than two members of a team have committed an anti-doping rule violation, Swiss Wrestling or United World Wrestling imposes an appropriate sanction on the team (e.g. forfeit defeat, deduction of points, disqualification).

   Prohibition of participation during a suspension: No athlete who has been made subject to a suspension or provisional suspension may, during that suspension or provisional suspension, participate in competitions, training or other sport-related activities.

9. **The athlete acknowledges the exclusive jurisdiction of Swiss Sport Integrity and/or Swiss Sports Tribunal to pronounce judgement on anti-doping rule violations as the authority of first instance** and expressly submits to their authority to pass judgement.

10. Decisions of Swiss Sport Integrity and of the Swiss Sports Tribunal may be appealed against before the Court of Arbitration for Sport (CAS). The decision of this body is final. **The athlete submits to the exclusive jurisdiction of *CAS* as the appeals authority in the context of an independent court of arbitration,** to the exclusion of State courts. The provisions of the Code of Sports-related Arbitration apply at the *CAS*[8].

    Where no agreements have been made to the contrary, proceedings before *CAS* will be held in German, French or Italian. In the event of the parties being unable to agree upon a language, *CAS* will decide the language of the proceedings. The arbitrators appointed by the parties must be included on the appropriate *CAS* list and must not in any way have been involved in the proceedings of first instance.

11. In the event of any conflict between this Athlete's declaration and the applicable provisions of the *Anti-Doping-Statut* and the national standards, the latter shall prevail.

Place / Date:_____

Signature of athlete:_____

Signature of legal representative (in the case of minors):_____

[6] The categorization of the *whereabouts pools* of Swiss Sport Integrity can be viewed at www.sportintegrity.ch/en/whereaboutspools.

[7] The corresponding rules can be viewed at www.swissolympic.ch, www.sportintegrity.ch, www.swisswrestling.ch and www.uww.org.

[8] This can be viewed at www.tas-cas.org.